

# Advanced Steps® ACP

## Facilitator Certification

Thursday, May 30, 2024

8:30 AM- 1:00 PM

InHome Connect Ft Worth

6100 Southwest Blvd. Suite #200, Ft Worth, Texas 76109

[View Map](#) [817-984-3633](tel:817-984-3633)

Respecting Choices® Advanced Steps Advance Care Planning Facilitator Certification is designed to help participants learn the skills needed to have end-of-life goals-based discussions with individuals with serious, life-limiting illnesses, frail elders or those living in long-term care facilities. These conversations incorporate the POLST form: a portable medical order.

Respecting Choices® is an internationally recognized, evidence-based model of advance care planning (ACP) that creates a healthcare culture of person-centered care—care that honors an individual's goals and values for current and future healthcare.

For more information on program see <https://www.careandprepare.org>

**Sponsored in part by:**

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Get this registration form online and mail with your check made out to Care & Prepare to:

To Register:

Registration Fee: \_\_\_\_\_ \$325/ **\$299 Early bird**

Registration Deadline: **May 15, 2024**

Pay online at: [PayPal link at end of page](#)

Leah Wingard  
Care & Prepare  
PO Box 12424  
Fort Worth, TX 76110  
For questions you may call  
817-247-1776  
Or email us at: [info@CareAndPrepare.org](mailto:info@CareAndPrepare.org)

*CEs for nurses and social workers are available for the [Respecting Choices® ACP Facilitator Online Core Curriculum](#). For modules 1 – 5, 8.0 CE's will be awarded by Respecting Choices. To receive CE certificate for Online ACP Facilitator Curriculum, nurses and social workers must complete an online evaluation upon conclusion of each module.*

*Please notify us by email if you have special dietary requirements.*

**Attendee Information:**

<b>Full Name</b> (type or print)		<b>Profession</b>
<b>Employed by</b>		
<b>Work Address</b> (street, mail station, city/ST/ZIP)		
<b>Home Address</b> (street, city/ST/ZIP)		
<b>Home Phone</b>		<b>Email</b>

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**Pre-Course Assignment**

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1. Complete the Respecting Choices **Advance Steps ACP Facilitator Online Core Curriculum (modules 1 – 5)**.
  2. Review the [Texas POLST Form](#) on the Care & Prepare website
  3. Review document *RC 3116 - Advance Steps Facilitator Guide to POLST Conversations: Frequently Asked Questions and Suggested Responses* (if distributed)
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**AGENDA**

- 8:30 am**      **Welcome and Introductions - Overview of Course**  
Person-Centered Conversations: Core Concepts  
Skills to Promote Person-Centered Conversations  
The Exploration Phase of ACP Conversations  
Role-Play Exercise  
Advanced Steps ACP Conversations
- Eliciting Preferences and Decisions: Goals of Care Phase  
Decision-Making Framework for Advanced Steps ACP Conversations  
Achieving and Maintaining Advanced Steps ACP Facilitator Certification (Competency Role-Play)

**1:00 pm**      *Adjourn*

*Learning Outcomes*

*At the end of this course, the participant will be able to:*

1. *Verbalize strategies to identify intended populations and engage individuals and healthcare agents in ACP.*
2. *Demonstrate communication skills to promote person-centered ACP conversations.*
3. *Apply critical thinking to discern what matters most to individuals and use of person-centered decision-making framework to elicit preferences and decisions.*
4. *Create strategies to transfer individual goals, values, and preferences to a written plan, e.g., POLST form and out-of-hospital medical orders.*
5. *Demonstrate beginning competency in facilitating Advanced Steps ACP conversations through role-play activities.*